

A place for everybody,
in any season,
for any reason...

OSHO MIASTO



WORKSHOPS
TRAININGS
MEDITATION EXPERIENCE



MARCH

- 6*-13 **PATH OF LOVE** Sambhavo
- 15-17 **O'SHO CONNECTION** Gyanprem
- 15-17 **BE TOTAL** Sahaja and Dharshana
- 15-17 **LIVING THE ALIVENESS: THE WEEK END** Magna and Maitri
- 15-21 **LIVING THE ALIVENESS PULSATION TR. 3** Magna and Maitri
- 21-24 **TAKE THE RISK!** Dayita
- 22-24 **CREATE YOUR MANDALA** Gunjano
- 22**-24 **MEDITATION EXPERIENCE** Masta
- 28** 1/4 **SHAMANIC JOURNEY** Anatta
- 29** 1/4 **RELAX AND MEDITATION** Miasto staff
- 29 1/4 **CELEBRATE YOUR SELF OSHO CHILDHOOD LIBERATION** Maneesha
- 29 7/4 **DANCE ALCHEMY TRAINING 2** Maneesha

APRIL

- 2-7 **PSYCHIC MESSAGE TRAINING 6** Vartan
- 4-7 **F.L.Y. FIRST LOVE YOURSELF** Sambhavo
- 7**-28 **21 DAYS OF TRANSFORMATION WITH DYNAMIC MEDITATION** Shanti
- 10**-14 **SELF LOVE PROGRAM**
- SELF ESTEEM RECOGNIZE YOUR VALUE** Kovida
- 12-14 **M.A.P. 1° WEEKEND, GROUNDING** Shanti and Pushan
- 15-21 **TANTRIC PULSATION EXPERIENCE 1** Aneesha
- 19-21 **MEDITATION EXPERIENCE** Miasto staff
- 22-28 **VOICING® INTENSIVE** Pratibha
- 24-28 **HEALING THE INNER TEENAGER TRAINING 3** Svarup
- 25-28 **WATER MEDITATION EXPERIENCE** Keli
- 25-28 **TANTRIC PULSATION FOR COUPLES** Aneesha

MAY

- 1-4 **PRESENCE AN INNER JOURNEY** Anjori and Dhayria
- 1-4 **DEEP BLUE - AQUAPRANA EXPERIENCE** Shanti
- 1-4 **THE POWER OF LOVE** Anunaya
- 1-5 **TRUST AND SELF LOVE:**
- ZEN COUNSELING TRAINING INTRO** Svagito
- 7*-14 **PATH OF LOVE** Sambhavo

- 16-19 **PRIMAL BREATH** Dwari and Pushan
- 16-19 **RIISING IN LOVE** Sudhir
- 17-19 **ECSTATIC PULSATION** Maitri
- 17-19 **M.A.P. 2° WEEKEND, VULNERABILITY** Asti
- 22-26 **YES TO LIFE: SYSTEMIC CONSTELLATIONS** Siddho and Anurag
- 22-26 **OSHO METHODS TO RELAX THE MIND** Shunyo and Marco
- 23**-26 **LIQUID JOY** Rabamashi
- 29 2/6 **VOICING® PRATICITIONER INTERNSHIP 3** Pratibha
- 29 2/6 **SUFI, THE FLAME OF LOVE** Videha
- 31 6/6 **I.T.S. MY LIFE, MY EMOTIONS** Prashantam
- 31 2/6 **RELAX & MEDITATION** Miasto staff
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- 6**-9 **AMOME®** Aseel
- 6-30 **ODB® INTERNSHIP AND ASSISTANTSHIP TRAINING 1/3**
Dwari, Shanti, Adhiraj and Pushan
- 7-9 **TANTRIC BREATH** Dwari, Shanti, Adhiraj and Pushan
- 7-14 **ODB® OSHO DIAMOND BREATH BASIC TRAINING 1**
Dwari, Shanti, Adhiraj and Pushan
- 7-9 **TAROCCHI FROM CAOS TO COSMOS** Archan
- 12**-16 **SELF LOVE PROGRAM - TRANSFORMING JUDGMENTS** Kovida
- 14*-16 **WAVES MESSAGE - TIBETAN SOUND** Mahendra
- 14-16 **M.A.P. 3° WEEKEND, PULSATION** Magna and Maitri
- 16-22 **ODB® OSHO DIAMOND BREATH BASIC TRAINING 2**
Dwari, Shanti, Adhiraj and Pushan
- 21-23 **AWAKE THE ENERGY** Anunaya
- 21-29 **OPH® TRAINING 1** Anunaya
- 21-23 **FRESHPAINT! ART FOR THE YOUNG** Sahaja
- 22-30 **DEGREE COURSE FOR COUNSELING IN PSYCO DANCE
THERAPY METAPHYSICAL DANCE® - PART 1** Deepti
- 24-29 **ODB® OSHO DIAMOND BREATH BASIC TRAINING 3**
Dwari, Shanti, Adhiraj and Pushan
- 28-30 **FLOWING BETWEEN WATER, EARTH, AIR AND FIRE** Amina

- 1-7 **IKIGAI TRAINING 2** Atimoda and Prem Daniele
 2-7 **OFC ATTACHMENT STRATEGIES AND TRAUMAS**
ADV. TRAINING 1 Siddho and Anurag
 4-7 **TANTRA IN WATER FOR COUPLES** Anjori and Dhairya
 5-7 **MEDITATION EXPERIENCE** Tarika
 8-14 **CRANIOSACRAL BIODYNAMIC® TRAINING 1**
 Bhadrena C. Tschumi and Gemin Kavi
 10-14 **FIVE KEYS TO A HAPPIER LIFE** Tarika
 10-14 **THE TAO OF WORK AND A TRUE SUCCESS** Anurag
 18-21 **AUM EXPERIENCE: YOUR INNEREVOLUTION** Dakshina and Nandita
 18-21 **GIOCAMEDITANDO** Aseel and Prabhato
 19-21 **M.A.P. 4° WEEKEND, LOVE** Praful
 19*-21 **MEET 'N TALK IN PRESENCE** Masta
 22-28 **NEVERENDING ADVENTURE** Advaita
 24-28 **ABANDONMENT, JEALOUSY AND LOSS** Krishnananda and Amana
 30 5/8 **VOICING® INTENSIVE** Pratibha
 31 4/8 **OSHO PULSATION: OPENING TO FEELING** Magna

- 6-10 **LIBERATE YOUR INNER POWER** Prashantam
 6-10 **THE ADVENTURE OF BREATH** Dwari and Pushan
 9-15 **COUNSELING SKILLS AND RELATIONSHIP DYNAMICS**
ZEN COUNSELING TRAINING 1 Svagito
 12-16 **NOW OR NEVER** Shunyo and Marco
 16**-19 **ECSTATIC PULSATION** Maitri
 19-22 **CREATIVITY AND INNOCENCE** Svagito and Kantu
 22-25 **THE FLOWER OF LIFE** Atimoda and Prem Daniele
 24-27 **JOY OF CREATIVITY PRIMAL PAINTING** Svagito and Kantu
 26 1/9 **OSHO PULSATION TRAINING ADVANCED 1** Magna and Maitri
 28-30 **NATURE PAINTING** Svagito and Kantu
 30 1/9 **M.A.P. 5° WEEKEND, ENERGY** Anunaya
 30 1/9 **OCEAN LOVE** Shanti

- 4-11 **WOMEN'S LIBERATION** Kovida and Siddho
- 4-11 **MEN'S LIBERATION** Sudhir
- 13-15 **BE TOTAL** Sahaja and Darshana
- 13-15 **BREATHING IN LOVE AND FREEDOM** Shanti
- 13-15 **WATER WELLNESS** Keli
- 16-25 **INNEREVOLUTION** Dakshina and Nandita
- 17-29 **DEGREE COUNSELING IN PSYCHO
DANCE THERAPY METAPHISICAL DANCE® PART 2** Deepti
- 18-22 **ENERGY IS DELIGHT** Aneesha
- 20-22 **MEDITATION EXPERIENCE** Dakshina and Nandita
- 23-29 **TANTRIC PULSATION EXPERIENCE 2** Aneesha
- 25-29 **VOICING® INTERNATIONAL TRAINING 1** Pratibha and Rabamashi
- 27-29 **TANTRA IN WATER: OPENING TO LOVE** Anjori and Dhayria

- 2-6 **THE ART OF DYING** Ramatheerta
- 2-6 **HEART AND HARA** Dwari and Pushan
- 4-6 **YOGA AND THE SHAPES OF WATER** Siddho and Ojas
- 4-6 **THE ALCHEMY OF CELEBRATION** Maneesha
- 4-13 **DANCE ALCHEMY TRAINING 3** Maneesha
- 9-13 **THE INNER MALE FEMALE DYNAMIC:
ZEN COUNSELING TRAINING 2** Svagito
- 11-13 **M.A.P. 6° WEEKEND, CREATIVITY AND COMUNICATION**
Siddho and Anurag
- 12-17 **VOICING® PRATICITIONER INTERNSHIP 4** Pratibha
- 16-20 **OSHO MEDITATION TRAINING 1** Shunyo and Marco
- 18-20 **HEALTHY BOUNDARIES: THE COURAGE TO SAY NO** Asti
- 18-20 **THE SACRED FEMININE** Amina
- 20-27 **TWICE BORN OSHO PRIMAL** Svarup
- 25-27 **BETWEEN WATER AND SOUND: SILENCE** Rabamashi
- 29 5/11 **TWICE BORN: OSHO TANTRA** Svarup
- 29** 3/11 **HEART SUTRA** Videha

- 1-3 **BREATH WAWES** Keli
 7**-10 **WHO IS IN** Kapil
 8-14 **I.T.S. MY LIFE TRAINING, MY HEART** Prashantam
 13-17 **OPH® TRAINING BASE 2.1** Anunaya
 13-17 **HEALING THE INNER TEENAGER TRAINING 4** Svarup
 15-17 **M.A.P. 7° WEEKEND, MEDITATION** Shunyo and Marco
 16-21 **ATTACHMENT STRATEGIES AND TRAUMAS**
OFC ADVANCED TRAINING 1 - PART 2 Siddho and Anurag
 22-24 **MEDITATION EXPERIENCE** Miasto staff
 24* 1/12 **PATH OF LOVE** Sambhavo

- 2-8 **OSHO PULSATION TRAINING ADVANCED 2** Magna and Maitri
 2-8 **CRANIOSACRAL BIODYNAMIC® TRAINING 2**
 Bhadrena C. Tschumi Gemin and Kavi Gemin
 3-10 **VOICING® INTERNATIONAL TRAINING 2** Pratibha and Rabamashi
 9-16 **DEGREE COURSE FOR COUNSELING IN PSYCHO-DANCE**
THERAPY METAPHISICAL DANCE® PART 2 Deepti
 9-16 **IKIGAI TRAINING 3** Atimoda and Prem Daniele
 12-16 **VOICING® PRATICITIONER INTERNSHIP 5** Pratibha
 18-22 **OSHO MEDITATION TRAINING 2** Shunyo and Marco
 19-22 **LIFE TREE** Sahaja
 24-26 **MEDITATION EXPERIENCE** Miasto staff
 28-31 **JUST SAY YES** Svarup
 28-31 **CELEBRATE LIFE!** Pushan

- 2**-6 **OSHO NEO VIPASSANA RETREAT** Shunyo and Marco
 2**-6 **OPENING UP TO TANTRA** Anjori and Dhairya
 4-6 **TAROT FOR A NEW YEAR** Archan



INSTITUTE
FOR MEDITATION
AND SPIRITUAL
GROWTH - APS



RECEPTION

9.00 AM - 1.00 PM
2.00 PM - 6.30 PM
T. +39 0577 960 124
C. +39 351 271 8687
oshomiasto@oshomiasto.it

GROUP OFFICE

9.00 PM - 1.00 PM
2.00 PM - 6.30 PM
T. +39 0577 960 133
groupoffice@oshomiasto.it

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